April 17, 2008 Questions Removed: 2b, 3b, 6b, 7b, 8b, 9b, 10b, 11b, 12b, 13b, 14b, 16a, 16b, 17b.

VISIT 01 FORM 23



2.

The ACT Project Memory and Functioning University of Washington June 15, 2004

S	SUBJECT	ACT No.: <u>4</u> <u>5</u> <u>6</u> <u>7</u> <u>8</u> <u>9</u>
	CHARSUB DATE_MO	Char ID.: <u>10 11 12</u>
	DATE_DAY, DATE_YR	Date: <u>13 14/15 16/17 18</u>
1	N T	Interviewer: 19 20 21

1. Do you have any difficulty walking one-half mile (8 city blocks)?

	<i>ty</i> 0100ks):	
	No0 Yes1	CODE FROM THIS 22 MEN
	Could but don't for other reason	COLUMN AND FROM TABLES
If Y	ES, answer a and b	mbles
	erwise, go to question 2.	
1a.	How much difficulty do you have?	
	Some	23 MEM1A
	Don't know9	
1b.	For how long have you had this difficulty or been unable to do this activity?	24 25 26 months
Do y hous	ou have any difficulty walking around in your e?	MEM1B
	No0	
	Yes1 Could but don't for other reason2	
	Don't know or refused9	
If Y	ES, answer a and b	27 MEM2
	erwise, go to question 3.	

2a.	How much difficulty do you have ?	
	Some	28 MEM2A
	Unable to do	
	Don't know9	
2b.	For how long have you had this difficulty or been unable to do this activity?	<i>MEM2B</i> 29 30 31 months
Do y chair	you have any difficulty getting out of a bed or	(#2B Removed 04/17/2008)
	No0	
	Yes1	
	Could but don't for other reason	32 MEM3
		SZ MLMS
	ES, answer a and b erwise, go to question 4.	
3a.	How much difficulty do you have?	
	Some	
	A lot	33 MEM3A
	Don't know9	33 WENISA
3b.	For how long have you had this difficulty or been unable to do this activity?	<i>MEM3B</i> 34 35 36 months
•	ou have any difficulty walking up a flight of s (that is, about 10 steps)?	(#3B Removed 04/17/2008)
	No0]
	Yes	37 MEM4
	Could but don't for other reason	
	ES, answer a and b	
Oth	erwise, go to question 5.	

How much difficulty do you have? 4a. **38 MEM4A** Don't know..... For how long have you had this difficulty or 4b. **39 40 41** months been unable to do this activity?..... MEM4B Because of health or physical problems, do you 5. have any difficulty with heavy work like washing the car, cleaning up the garage, or yard work (like raking leaves or mowing)? No.....0 42 MEM5 If YES, answer a and b Otherwise, go to question 6. How much difficulty do you have? 5a. 43 MEM5A Don't know..... 5b. For how long have you had this difficulty or 44 45 46 months been unable to do this activity?..... MEM5B

6. Because of health or physical problems, do you have any difficulty with light housework like washing or drying dishes, making a bed, or tidying up a workshop or room?

Ĩ	
No0	
Yes1	
Could but don't for other reason	47 MFM6
Don't know or refused9	

If YES, answer a and b Otherwise, go to question 7.

6a. How much difficulty do you have?

Some	
	48 MEM6A
Don't know9	

- 6b. For how long have you had this difficulty or been unable to do this activity?.....
- 7. Because of health or physical problems, do you have any difficulty with shopping for personal items?

No0	
Yes1	
Could but don't for other reason	52
Don't know or refused9	
	1

If YES, answer a and b Otherwise, go to question 8.

49 50 51 months

MEM6B

(#6B Removed 04/17/2008)

52 MEM7

	How much difficulty do you have?	
	Some	53 MEM7A
7b.	For how long have you had this difficulty or been unable to do this activity?	<u>54 55 56 months</u>
	use of health or physical problems, do you any difficulty with preparing your meals?	MEM7B (#7B Removed 04/17/2008
	No.0Yes.1Could but don't for other reason.2Don't know or refused.9	57 MEM8
	ES, answer a and b erwise, go to question 9.	
Oth	erwise, go to question 9.	58 MEM8A

9. Because of health or physical problems do you have any difficulty with managing your money such as paying bills, writing checks, etc.? No.....0 62 **MEM9** Don't know or refused......9 If YES, answer a and b Otherwise, go to question 10. How much difficulty do you have? 9a. **63 MEM9A** Don't know......9 For how long have you had this difficulty or 9b. 64 65 66 months been unable to do this activity?..... *MEM9B* 10. Because of health or physical problems, do you (#9B Removed 04/17/2008) have any difficulty using the telephone? No.....0 Don't know or refused......9 **67 MEM10** If YES, answer a and b Otherwise, go to question 11. 10a. How much difficulty do you have **68** MEM10A Don't know..... 10b. For how long have you had this difficulty or been unable to do this activity?..... 69 70 71 months MEM10R (#10B Removed 04/17/2008) 11. Because of health or physical problems, do you have any difficulty feeding yourself (like holding a fork, cutting food or drinking from a glass)? No.....0 72 MEM11 Don't know or refused......9 If YES, answer a and b Otherwise, go to question 12. How much difficulty do you have? 11a. 73 **MEM11A** Don't know......9 11b. For how long have you had this difficulty or 74 75 76 months been unable to do this activity?..... **MEM11B** Because of health or physical problems, do you 12. (#11B Removed 04/17/2008) have any difficulty dressing yourself (like putting on a shirt, buttoning and zipping, or putting on/tieing shoes)? No.....0 77 MEM12 Don't know or refused......9 If YES, answer a and b Otherwise, go to question 13. 12a. How much difficulty do you have? 78 MEM12A

	use of health or physical problems do you	(#12B Removed 04/17/200
have	any difficulty bathing or taking a shower?	1
	No0	
	Yes	82 MEM13
	Could but don't for other reason	
	Don't know or refused9	
If Y	ES, answer a and b	
	erwise, go to question 14.	
13a.	How much difficulty do you have?	
	Some1	
	A lot	
	Unable to do	83 MEM13A
	Don't know9	
13b.	For how long have you had this difficulty or	
	been unable to do this activity?	84 85 86 months
-	~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~	MEM13B
	use of health or physical problems, do you	(#13B Removed 04/17/20)
nave	any difficulty getting to or using the toilet?	1
	No0	
	Yes1	87 MEM14
	Could but don't for other reason	
	Don't know or refused9	
If Y	ES, answer a and b	
	erwise, go to question 15.	
		J
14a.	How much difficulty do you have?	

Because of health or physical problems do you 13

12b. For how long have you had this difficulty or

Some	8
A lot	
Unable to do3	
Don't know9	Ì
Don't know9	

88 MEM14A

08)

MEM12B (#12B Removed 04/17/2008)

14b.	For how long have you had this difficulty or been unable to do this activity?	89 90 91 months MEM14B
•	ou have any difficulty lifting or carrying thing as heavy as ten pounds?	(#14B Removed 04/17/2008)
	No.0Yes.1Could but don't for other reason.2Don't know or refused.9	92 MEM15
1	ES, answer a and b erwise, go to question 16.	
15a.	How much difficulty do you have?	
	Some	93 MEM15A
15b.	For how long have you had this difficulty or been unable to do this activity?	$\underline{}_{94} \underline{}_{95} \underline{}_{96}$ months
•	ou have any difficulty reaching out and above head with your arms?	MEM15B
If Y	No	97 MEM16 (#16 Removed 04/17/2008)
Othe	erwise, go to question 17.	
16a.	How much difficulty do you have?	
	Some	98 MEM16A (#16A Removed 04/17/2008)

Don't know.....9

	16b. For how long have you had this difficulty or been unable to do this activity?	. <u>99 100 101</u> months
17.	Do you have any difficulty gripping small objects with your hands?	MEM16B (#16B Removed 04/17/2008)
	No	102 MFM17
	If NO, skip to the next section.	
	17a. How much difficulty do you have?	
	Some 1	
	A lot	
	Unable to do	103 MFM174

17b.	For how long have you had this difficulty or	
	been unable to do this activity?	

Don't know.....9

____ months

104 105 106

MEM17B (#17B Removed 04/17/2008)

1						1
PSYCHOSOCIAL						
SOCIAL SUPPORT and NETWORKS						
Each of these statements may or may not be true about you. For each statement, please give me the response that best reflects your feelings:	Def. True	Prob. True	Prob. False	Def. False	Unknown Refused	
#1. When I feel lonely, there are several people I can talk to.	1	2	3	4	9	107 <i>SUP1</i>
#2. I often meet or talk with family or friends.	1	2	3	4	9	108 SUP2
#3. If I needed help, I could easily find someone to help me with my daily chores.	1	2	3	4	9	109 SUP3
#4. When I need suggestions on how to deal with a personal problem, I know someone I can turn to.	1	2	3	4	9	110 SUP4
#5. There is at least one person I know whose advice I really trust.	1	2	3	4	9	111 SUP5
# 6. If I had to go out of town for a few weeks, it would be possible to find someone who would look after my house or apartment (the plants, pets, garden, etc).	1	2	3	4	9	112 SUP6

Would you say in the last week?	Rarely or none of the time (< 1 day)	Some or a little of the time (1-2 days)	Occasionally or a moderate amount of the time (3-4 days)	Most of the time (almost every day)	Don't know or refused
 You were bothered by things that usually don't bother you. 	0	1	2	3	9 113 DEPI
2. You did not feel like eating; your appetite was poor.	0	1	2	3	9 114 DEP2
3. You felt that you could not shake off the blues, even with help from your family or friends.	0	1	2	3	9 115 DEP13
4. You felt that you were just as good as other people.	3	2	1	0	9 116 DEP14
5. You had trouble keeping your mind on what you were doing.	0	1	2	3	9 117 DEP3
6. You felt depressed.	0	1	2	3	9 118 DEP5
7. You felt that everything you did was an effort.	0	1	2	3	9 119 DEP4
8. You were hopeful about the future.	3	2	1	0	9 120 DEP6
9. You thought your life had been a failure.	0	1	2	3	9 121 DEP15
10. You felt fearful.	0	1	2	3	9 122 DEP7
11. Your sleep was restless.	0	1	2	3	9 123 DEP8
12 . You were happy.	3	2	1	0	9 124 DEP9
13 . You talked less than usual.	0	1	2	3	9 125 DEP16
14. You felt lonely.	0	1	2	3	9 126 DEP10
15. People were unfriendly.	0	1	2	3	9 127 DEP17
16. You enjoyed life.	3	2	1	0	9 128 DEP18
17. You had crying spells.	0	1	2	3	9 129 DEP19
18. You felt sad.	0	1	2	3	9 130 DEP20
19 . You felt that people disliked you.	0	1	2	3	9 131 DEP21
20 . You could not get "going".	0	1	2	3	9 132 DEP11

Replaced on 01/2001. Old form had only 11 questions for CESD.

The next series of questions involve changes you may have observed in yourself over the past 10 to 20 years. Image: The next series of people you have just me has changed in the past 10-20 years? Definitely improved 1 Slightly detriorated 5 3 MEMC1 1. Do you think your ability to remember the faces of people you have just met? Definitely improved 1 Slightly detriorated 5 0 on't know 9 2. Your ability to remember the faces of people you have just met? Definitely improved 1 Slightly deteriorated 5 0 on't know 9 2. Your ability to remember the faces of people you have just met? Definitely improved 1 Slightly deteriorated 4 MEMC2 No change 3 MEMC2 3. Your ability to remember the names of close friends and relatives? Definitely improved 1 Slightly deteriorated 4 Definitely improved 1 A. Your ability to remember appointments correctly? Definitely improved 1 135 MEMC3 Slightly deteriorated 4 1 166 Don't know 9 1 166 166 Slightly deteriorated 5 <th>MEMORY CHANGES</th> <th></th> <th></th> <th>]</th>	MEMORY CHANGES]			
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Slightly deteriorated4Definitely deteriorated5		No change	3				
		Slightly deteriorated	4	MEMC5			
Don't know 9		Definitely deteriorated	5	-			
		Don't know	9	-			

Replaces old 01/2001 (Columns only, Same variable)