



The ACT Project
Anthro Follow-up & Early-Life
University of Washington
December 12, 2001

SUBJECT
CHARSUB

ACT No.: 4 5 6 7 8 9

Char ID: 10 11 12

Date: 13 14 / 15 16 / 17 18 **DATE_MO**

Visit NO.: 0 1 **DATE_DAY, DATE_YR**

TYPE: BIENNIAL - 2 19

Interviewer: 20 21 22

VISIT
VTTYPE
INT

If Anthropometric was **not done**, please
circle one of the following reasons:

- Interviewer uncomfortable 2
Subject refused 3
Subject physically unable 4
Other (specify): 5

NOTDONE Added 08-08-2002

167 NOTDONE

1. Linear Measures. **28 LINEUNIT**

a. arm span length 23-27 **ARMSPAN** cm inch

252 **HALFSPAN** $\frac{1}{2} \times 2$

b. upper leg length 29-33 **UPPERLEG** cm

c. lower leg length 34-38 **LOWERLEG** cm

comment: Height decreases with age.

question: What was your maximum height?

39 ft 40 41 42 43 44 inch
MAXFT MAXINCH

2. Width/Diameters

a. biacromial 45 46 47 48 49 cm
(shoulders) **BIACROM**

b. biiliac 50 51 52 53 54 cm
(hips) **BIILIAC**

3. Circumference

a. upper arm 55 56 57 58 cm

ARMCIRC

b. lower leg 59 60 61 62 cm

LEGCIRC

4. Skin Folds

a. triceps (arm) 63 64 65 66 mm

TRICEP

b. abdominal 67 68 69 70 mm

ABDOM

c. calf (leg) **CALF** 71 72 73 74 mm

Questions (Questions 1-5b & diagram removed per Victoria Mocerri 10/11/2004)

Some people's hair starts turning gray in their twenties, while others do not start turning gray until much later in life.

1. Do you know at what approximate age your hair **started** turning gray? 75 76 77 (Code as 888 if no hair or has not turned gray.)
AGEGRAY

2. At what age were you **completely** gray? 78 79 80 or Not all gray (circle).
AGECGRAY

3. What is your natural/original hair color? _____ (write in color)

OFFICE USE

81 82

CODE COLOR

HCOLOR

Some people grow up fast and stop early while others continue to grow into their twenties

4. Do you know at what age you reached your adult height? 83 84 85 **AGEHGT**

age

5. If born before 1930: Q. 5a-5b Added 06-20-2002

a. Where were you living in 1930: City _____ State _____ Country _____
(if not living in US)

b. Do you remember the address or street name ? _____
(enter any information the person can remember)

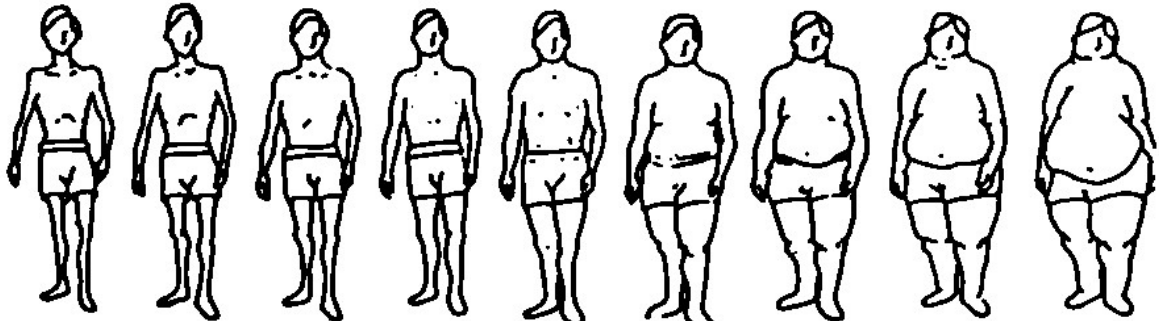
We are interested in the changes of body build with age.

INTERVIEWER: Please place an X in the Male or Female box.

Please place a check mark (X) in the circle under the diagram that best depicts your outline at each age.

Which diagram below best depicts your outline at a given age?

MALE



1 2 3 4 5 6 7 8 9

AGE5 157 158

Age 5

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

AGE10 159 160

Age 10

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

AGE15 161 162

Age 15

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

AGE20 163 164

Age 20

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

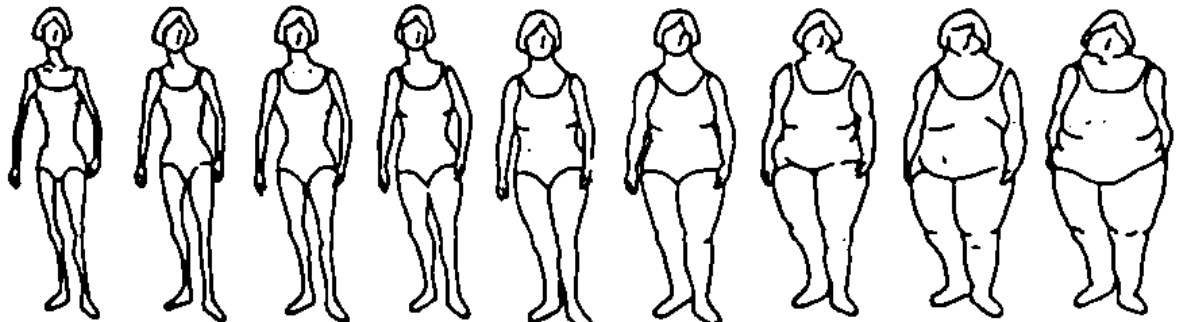
CURRENT 165 166

Currently

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Which diagram below best depicts your outline at a given age?

FEMALE



1 2 3 4 5 6 7 8 9